

THE  
*Spa*  
BY VOGO®

**MENU**





# Massages

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## VOGO SPA SIGNATURE MASSAGE

A heated compress invites your back muscles to relax before a Swedish massage leaves you feeling physically rested and mentally uplifted.

60/90 minutes **AED 460 / AED 580**

## GOLFERS MASSAGE

Enjoy a back, neck and shoulder massage designed to help de-stress the muscles and benefit your future game. Then revitalize your feet and legs and get ready to hit the golf course.

60 minutes **AED 460**

## SPORT MASSAGE

Massage encompasses a combination of techniques from Deep Tissue, Thai and Sports Massages. Targeting muscles which melt away pain and release tension and inflexibility.

60/90 minutes **AED 490 / AED 590**

## RESTORE MASSAGE

Deep Massage strokes combined with elbow and thumb pressure relieve deep muscle tension. This technique focuses on stiff muscles and encourages blood flow and circulation to drain out toxins.

60/90 minutes **AED 490 / AED 590**

## CALIFORNIAN WAVE RELAXING MASSAGE

The perfect combination of calm and fluid movements combined with long strokes to unlock tension and provide complete relaxation.

60 minutes **AED 500**

## HOT STONE MASSAGE

Perfectly-smooth warm volcanic stones used with a scented oil to massage the body. This calming treatment is designed to relieve tension, ease pain and promote sleep.

60/90 minutes **AED 500 / AED 620**

## REFLEXOLOGY

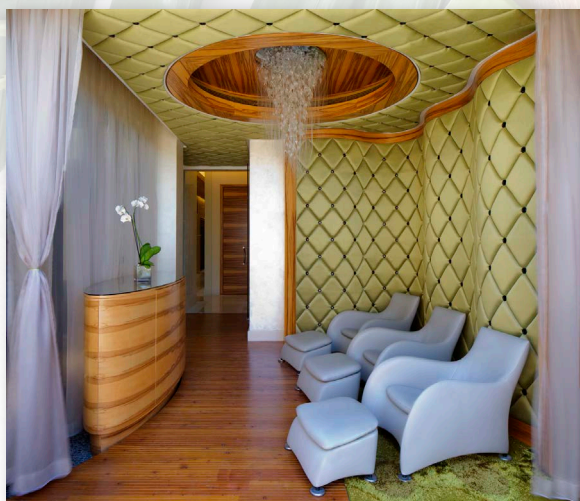
This ancient massage therapy is designed to regenerate the whole being. As the therapist presses upon various reflex points in the feet and hands, toxins are released and circulation is improved. Emerge with a feeling of being deeply rested and renewed.

45 minutes **AED 420**

## VOGO SPA COUPLES MASSAGE

Enjoy a signature massage for two in the comfort of our couple's treatment room. Take time to embrace wellness on a romantic retreat, a girls' getaway, or for a mother & daughter bonding treat.

60/90 minutes **AED 880 / AED 1120**



# Body Treatments

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## ENERGIZING SALT SCRUB

Fragrant salt will gently wash & remove dead skin cells, encouraging the generation of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing oil

30 minutes AED 275

## MARINE SCRUB TONING BODY SCRUB TREATMENT

An exfoliation combined with a massage for an express beauty treatment that leaves the skin soft and silky. Exists in version without shower.

45 minutes AED 370

## SEA-TONIC BODY WRAP & FIRING MASSAGE

A high-performance gel wrap is applied then massaged into the skin to lift, tighten tissue and prevent sagging. Result: The whole body is firmed and toned. Body wrap without shower.

60 minutes AED 500

# PHYTOMER Facial Treatments

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## CITY LIFE ANTI-POLLUTION SKIN FRESHNESS TREATMENT

Fragrant salt will gently wash & remove dead skin cells, encouraging the generation of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing oil

60 minutes AED 495

## ACNIPUR BLEMISH SOLUTION TREATMENT

This is cleaning and mattifying facial treatment, with proven efficacy against blemishes, leaves your skin visibly healthier, clearer and your complexion fresher.

60 minutes AED 495

## OLIGOFORCE LUMINATION

A complete global anti-aging treatment that illuminates the complexion, reduces dark spots and smooths wrinkles. The ideal combination of a peel, a powerful anti-aging serum and a sheet mask rich in trace elements, to infuse the skin with light.

60 minutes AED 595

## SIGNATURE TREATMENT- SUPREME YOUTH PIONEER TREATMENT

## OUTSTANDING GLOBAL ANTI-AGING TREATMENT

This supreme treatment restores the skin's freshness, youth and radiance. Its exceptional massage which covers the entire face and décolleté, visibly smooths the skin while providing absolute relaxation. Throughout the treatment, the back is infused with trace elements in a relaxing sensation of gentle warmth.

90 minutes AED 690



# VOGO Spa Packages

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## REVIVE PACKAGE 90 MINUTES / AED 570

Energizing Salt Body Scrub followed by VOGO Spa Signature Massage or Restore Massage.

## DETOX PACKAGE 120 MINUTES / AED 690

Energizing Salt Body Scrub followed by the Cleansing Mud Detox Wrap and Detox Oil Massage.

## REVITALIZE PACKAGE 120 MINUTES / AED 690

VOGO Spa Signature Massage followed by Phytomer Citylife or Phytomer Acnipur facial.

## EXPRESS TREATMENTS

- Scalp Massage AED 250
- Back, Neck & Shoulder Massage 30 minutes AED 270
- Foot Massage AED 270
- Phytomer Skin-type Express Facial 30 minutes AED 300

## RENEWAL ESCAPE FOR HER 90 MINUTES / AED 580

Take time for yourself with our selected skincare treatments to renew and re-energize. Includes Energizing Rose Body Scrub, Deep Rose Scented Back Massage and Phytomer Citylife Express Facial.

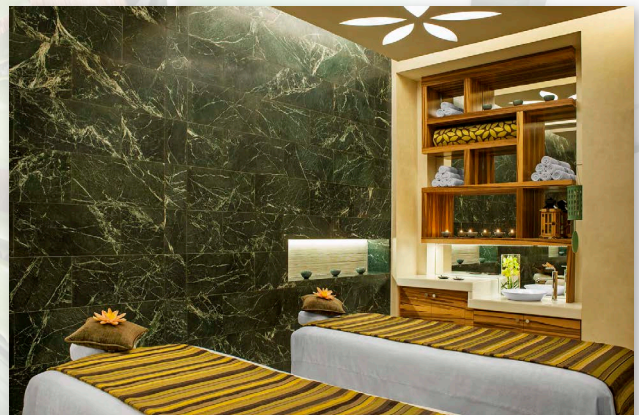
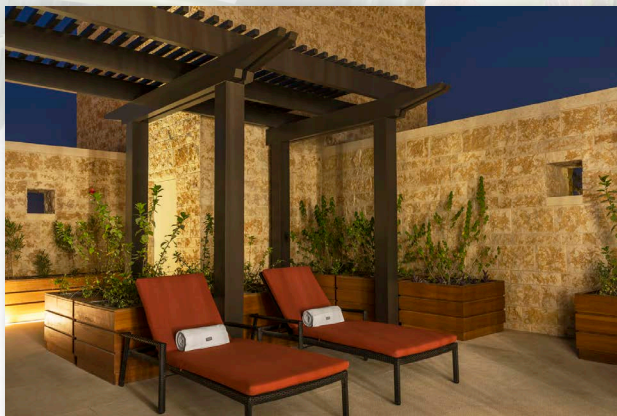
## RENEWAL ESCAPE FOR HIM 90 MINUTES / AED 580

A perfect treatment for men to relieve fatigue, restore and refresh. Includes Restore Massage and Phytomer Express Facial.

# Treatment Enhancer at AED 80

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- Self-Heating Mud Pack
- Back Exfoliation
- Hot Stone Back Relief
- Abdominal Pampering



# VOGO Spa Etiquette

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## HOURS OF OPERATION

The Spa by VOGO is open daily from 10:00 am to 10:00 pm. 24 hour service is available upon advance confirmation. Cancellation policy and additional charges apply for treatments booked outside of regular opening hours

## LOCATION

The Spa by VOGO is located on the 1st floor of VOGO Abu Dhabi Golf Resort, Khalifa City.

## RESERVATIONS

To ensure you secure the time you prefer we recommend booking in advance. Please dial +971 (02) 616 9770 or visit The Spa, and one of our receptionists will be able to assist you.

## SPA ARRIVAL

You are encouraged to arrive 15 minutes prior to your treatment time. This will allow for a smooth check in and the opportunity to relax before your treatment. Late arrivals will be subject to reduced treatment times.

## SPA ATTIRE AND VALUABLES

When you arrive for your treatments you will be provided with a spa robe and slippers as well as a locker to place your belongings. We recommend you leave all valuables in your room or suite as The Spa by VOGO, does not take responsibility for lost items.

## HEALTH CONCERNS

If you are pregnant or have any pre-existing conditions or allergies, please consult a doctor before booking any spa treatments or using the spa facilities. Kindly advise your therapist before your treatment commences. This will ensure your safety before having any treatments.

## BEHAVIOUR

We do not tolerate any sexual harassment or aggressive behaviour towards our team members; any form of verbal, physical or sexual harassment will result in legal action.


## GIFT VOUCHERS

The Spa by VOGO offers gift vouchers which are the ideal gift for that special someone. Our receptionists will gladly assist you with creating the perfect spa treatment gift. All gift vouchers must be presented at the time of the booking are non-refundable and cannot be exchanged for cash value.


## THE PRODUCTS

The Spa by VOGO offers a number of internationally respected brands. Your spa care professional will recommend the product range most suited to your specific requirements. Kindly note that products purchased are non-refundable.

To book your spa indulgence, please call +971 (02) 616 9770 or email [spa.abudhabi@vogohotels.com](mailto:spa.abudhabi@vogohotels.com).

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 <https://www.vogohotels.com/vogo-spa>